

Ping Pong Poke

Signature Bowls



Zitrus Tuna Bowl

Jasmin Reis

Thunfisch

Edamame

Radieschen

Mango

Tomate

Karotte

Koriander

Zitrus-Kaffir-Dressing

Curry Granola

16,50 €

Lachs-Thai-Rock Bowl



Quinoa

Lachs

Avocado

Rote Zwiebel

Gurke

Melone

Radieschen

Edamame

Koriander

Thai-Rock-Dressing

Hibiskus-Popcorn

15,80 €



Teriyaki Beef Bowl

Jasmin Reis

Teriyaki Beef

Tomaten

Mais

Junglauch

Sprossen

Edamame

Radieschen

Trüffel-Soja-Mayo

Sesam & Röstzwiebel

15,60 €



Teriyaki Chicken Bowl

Jasmin Reis

Teriyaki Chicken

Tomaten

Mais

Junglauch

Sprossen

Edamame

Radieschen

Trüffel-Soja-Mayo

Sesam & Röstzwiebel

14,90 €



Ping Pong Poke

Signature Planty Bowls



Yoga-Shake Bowl



Jasmin Reis

Kichererbsen

Rote Bete

Edamame

Radieschen

Tomate

Goji

Violette Zwiebel

Yoga-Shake-Dressing

Papadam

13,60 €

Italy Buratta Bowl



Quinoa

Buratta

Rucola

Romana Salat

getrocknete Tomaten

Oliven

Mais

Heidelbeeren

Wassermelone

Rose' Balsamico

Dressing

Tomatenflocken

Basilikumsamen

14,90 €



Vita Bowl



Quinoa

Vita Dal

(Proteine Bällchen
aus Straucherbsen &
Curcuma)

Wilder Brokkoli

Knackiger Salat

Violette Zwiebel

Edamame

Sprossen

Aloe Vera-

Sojadressing

Curry Granola

Basil Superseeds

13,90 €

Beauty Bowl



Quinoa

Vita Dal

(Proteine Bällchen
aus Straucherbsen &
Curcuma)

Knackiger Salat

Aktivkohle Creme

Karotten

Edamame

Tomate

Goji Beeren

Sprossen

Umeboshi-

Rhabarberdressing

Nussmix

Hibiskus-Rote-

Bete-Hummus

13,90 €



Planty Teriyaki



Chicken Bowl

Jasmin Reis

Planty Teriyaki Chicken

Tomaten

Mais

Junglauch

Sprossen

Edamame

Radieschen

Trüffel-Soja-Mayo

Sesam & Röstzwiebel

15,20 €

Ping Pong Poke

Signature Ramen Bowls



Ping Ramen

Ramen Noodles

Chicken oder Beef

Edamame

Karotte

Junglauch

Tomaten

Wilder Brokkoli

Sprossen

Röstzwiebel

Crispy Seaweed

13,90 €

Pong Ramen – Veggie Style



Ramen Noodles

Planty Chicken oder
Tofu

Edamame

Karotte

Junglauch

Tomaten

Mais

Sprossen

Röstzwiebel

Sesam

13,90 €

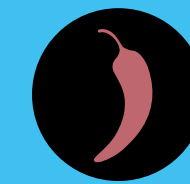


Ping Pong Poke

Curry Bowls

Curries

Green Curry Thai Style 9 €



Gelbes Curry Kambodscha Style 9 €

Butterchicken

„India Style“ 10,50 €

„Veggie Style“ 9 €



+ Naan Brot 2,50 €

optional:

öster. Rinderfilet 4 €

öster. Bio-Freilandhuhn 3 €

Bio-Tofu 3 €

Planty Chicken 3,50 €

Planty Meatballs 3,50 €

Ping Pong Poke Salad Bowls

Caesar Salad

Romana Salatherzen

öster.

Bio-Hühnerbrust

Parmesan

Avocado

Kirschtomaten

Croutons

Caesar Dressing

Röstzwiebel

13,50 €



Bali Salad Bowl



Salat

Kirschtomaten

Goji Beeren

Melone

Gemüse

Nussmix

Kokosnuss Chips

Coconut-Chili

Dressing

12,50 €



Levante Salad Bowl

Salat

Kichererbsen

Avocado

Mango

Edamame

Violette Zwiebel

Curry Granola

Granatapfel-Chia

Dressing

12,50 €



Ping Pong Poke Individual Bowl

Step 1 Base



Step 2 Protein

Wähle 1

- Teriyaki Beef
- Teriyaki Chicken
- Tuna
- Lachs
- Planty Chicken 
- Bio Tofu 
- Feta Würfel 
- Planty Powerballs (+3,00 €) 



Step 3 Greens

Such dir unter den Toppings bis zu 5 Greens aus:

- Violette Zwiebel
- Edamame
- Avocado (+3,00 €)
- Sojasprossen
- Gurke
- Radieschen
- Kirschtomaten
- Melone
- Rote Beete
- Heidelbeeren
- Mango (+3,00 €)
- Kimchi



Step 4 Dressing

- Zitrus Kaffir
- Trüffel Soja Mayo
- Thai Rock 
- Maui
- Teriyaki Peanut
- Yoga Shake

Step 5 Tunings

- Crispy Seaweed
- Sesam
- Crispy Onions
- Curry Granola
- Hibiskus Popcorn
- Papadam
- Nussmix
- Koriander
- Chili

